

BERNADETTE HAYES, LCPC



Specialties:

- Adult attachment
- Relationship issues
- Trauma
- Sexual violence/assault
- Incest
- Grief/loss
- Anxiety
- Depression
- Self-esteem

About: Bernadette Hayes is a Licensed Clinical Professional Counselor who provides therapy to individuals and couples. She joined the team of therapists at Porchlight Counseling in 2008 and continues to value the work she has been able to do with this population of resilient individuals.

Education: She received her Master's degree in Counseling and Human Services from DePaul University in 2004. In 2006 she completed the domestic violence certification program through the Chicago Metropolitan Battered Women's Network. In 2013 she acquired an externship certification from ICEEFT (Intl Centre for Emotionally Focused Therapy / EFT Couples Therapy).

Hours available for new clients: Varies throughout the year.

Insurances accepted: BCBS, Aetna, Cigna, First Health, Magellan, all other insurances as out-of-network provider.