

MERARI FERNANDEZ CASTRO, LCSW



Specialties:

- Trauma
- Sexual assault
- Domestic violence
- Chronic pain,
- Dissociation
- Intimacy and relationship difficulties
- Sexual orientation
- Immigration
- Race
- LGBTQA
- Divorce and custody issues
- Native Spanish Speaker

About: Merari is a clinical social worker, a yoga teacher and psychotherapist who has developed her career in working with traumatized populations. She has strived to help clients connect with deeper and conflicting parts of themselves as a result of difficult and painful life experiences. She has worked for not for profit organizations and group psychotherapy practices with a focus on trauma, sexual assault and domestic violence. Her passion for this area of work became apparent during her first years in social work school in which she intern in Puerto Rico at a not for profit agency serving domestic violence survivors. Since then, she has developed and diversified her skills integrating psychodynamic and mindfulness practices in working with survivors of trauma.

Education: Merari has a bachelor and master in social work. She is currently pursuing a PhD in Social Work

Hours available for new clients: Contact Porchlight for more information

Insurances accepted: Blue Cross & Blue Shiel, Blue Choice, Multiplan, Beacon, American Behavioral, Medicare.