

BROOKE PETERSEN, MDIV, LPC, PHD



Specialties:

- Spirituality
- Self Esteem
- Trauma and PTSD

About: Brooke's therapeutic techniques are eclectic, meaning that she uses techniques and theories best suited to each client. She is mindful of the ways that trauma influences life experience and therapeutic practice. She is affirming and open-minded, while encouraging you to try new ideas or behaviors that support your healing. She works with a wide-range of clients in age, race, and sexual orientation. Brooke will help you not just address immediate thoughts and feelings you are experiencing, but also what brings meaning and purpose to your life.

Hours available for new clients: Contact Porchlight for more information.

Insurances accepted: BlueCross and BlueShield, UnitedHealthcare, Out of Network