

RIHAB YAKO, M.A., M.S.W.



** Speaks English, Arabic,
Assyrian/Chaldean*

Specialties:

- Sexual assault survivors
- Trauma survivors
- Refugees

About: Rihab is Multi-lingual clinical worker skilled in individual and group therapy, client-centered program development, and client advocacy. She is experienced at setting people at ease and structuring treatment plans around each person's strengths. She is passionate about providing people with the support they need to reach their personal goals. Rihab has had extensive experience in working with adult and teenage clients with PTSD, depression, anxiety, and dysfunctional relationships by providing individual and group therapy to people from variety of cultures.

Education: Rihab earned dual Masters Degrees: Master of Social Work from Saint Louis University and Master of Arts, Pastoral Studies from Aquinas Institute of Theology in Saint Louis.

Hours available for new clients: Saturday from 10am-5pm, Monday-Friday from 5pm to 8pm.

Insurances accepted: BCBS, Optum/UBH, Cigna.