

porchlight
counseling services

A Program of Center for Law and Social Work

CHERIE LUSKY ART THERAPIST, MS, ATR, LCPC, SEP



Specialties:

- Trauma and PTSD
- Anxiety
- Depression

About: Cherie mainly work with adults experiencing a variety of life transitions and struggles such as a recent move or relationship issues as well as emotional issues such as trauma, mood and anxiety disorders. In therapy, she will work with clients on developing different ways of thinking and being as well as forming new ways to cope with emotions and situations. Her approach to the therapeutic process is holistic. She completed a three year Somatic Experiencing Institute training to enhance the mind-body work that she already does. Being trained as a counselor and an art therapist, she use these modalities to determine what is appropriate for her clients.

Education: Mount Mary University

Hours available for new clients: Contact Porchlight for more information.

Insurances accepted: Aetna, Blue Cross, Blue Shield, Cigna, First Health, Humana, MultiPlan, Not in-network with Medicaid plans, PHCS, Out of Network