

Back to School

Student Support Pack Supply Drive

Porchlight Counseling Services is collecting the following items to help support college students' self-care and wellness as they head back to school. Items will be distributed to college students across Chicagoland and will also include information on community resources.

- Notebooks/Journals
- Pens
- School Year Planners
- Lotion/Moisturizers
- Dry Shampoo
- Tampons and Pads
- Mints/Gum
- Face Wash
- Body Wash
- Sheet Face Masks
- Laundry Detergent (Travel Size)
- Reusable Mugs and Cups
- Toothbrushes + Toothpaste
- Chapstick
- Hair Ties
- Headphones
- Nail Care Items
- Chocolate Bars
- Tea/Coffee (Travel Size)
- Aromatherapy Spray

Porchlight Counseling Services is a program of the Center for Law and Social Work, a Chicago not-for-profit organization. **Porchlight exists to help college sexual assault survivors achieve healing and wholeness and to create a world in which a person's life is not defined by the devastating experience of sexual assault.** We provide high quality counseling and services at no charge to the student, along with free educational workshops on campuses and within the community. For more information visit porchlightcounseling.org



A Program of Center for Law and Social Work