

## CHRISTIE GERKEN-LOPEZ, LCPC



### Specialties:

- Depression
- Anxiety
- Family Conflict

**About:** Christie is a Licensed Clinical Professional Counselor here to help you and/or your loved ones process your issues, make a change, or simply help you decide what you need. She is here to support you, your child, or your spouse/family in treating your symptoms of depression, anxiety, bipolar disorder, life transitions, anger, ADHD, history of or current trauma/abuse, relationship/family relational issues, and parenting struggles. Christie is here to teach coping skills and help change unhealthy thoughts and behaviors.

**Hours available for new clients:** Not taking new clients at this time.

**Insurances accepted:** Blue Choice, Blue Cross, Blue Shield, BlueCross and BlueShield, Cigna, Optum, UnitedHealthcare