

## MEGAN FRANK, LPC INTERN, MA



### Specialties:

- Trauma and PTSD
- Relationship Issues
- Eating Disorders

**About:** Megan's passion for helping clients find and accept their true sense of self is based on the foundation that we all have the inner resources and strengths to cope with life's (and our own!) pressures. She works to understand the complexity of your individual experiences, needs, values, and identities. She provides a safe, non-judgmental space where clients can explore, heal, and accept all parts of themselves. She is compassionate, curious, open, and dedicated to collaborating with you to foster healing and meet your goals. Megan has worked in two residential treatment centers, private practice, and with children and families in foster care and school systems. Her experiences have allowed her to build relationships that help people create the change they want for themselves and she would be honored to join you on your therapeutic journey.

**Education:** Megan earned her Master's Degree in Clinical Psychology (Counseling Practice) from Roosevelt University

**Hours available for new clients:** : Mondays 10 am, 1 pm, 4 pm, 5 pm, 7 pm; Fridays 9 am-12 noon; 2 pm-5pm; Saturdays 9 am- 5 pm

**Insurances accepted:** BlueCross and BlueShield