

MONICA ISAAC, AMFT, LPC, NCC



Specialties:

- Relationship Issues
- Marital and Premarital
- Family Conflict

About: Monica helps couples and families find their way through the difficulties of being in relationship when the uncertain, the unexpected, and the uninvited threaten to unravel the very fabric that would otherwise get them through it. Things like dealing with past trauma or family issues, coming out, getting married, having a child, addiction, a diagnosis, losing a job, or an affair put strain on a couple or family. In time, it can sap all energy and leave members struggling to meet the changing needs of their relationships. She will meet you in the struggle and help you figure out how to reconnect. Monica honors you as the expert of your life and will use the time and space of your therapy sessions as a container; a safe space where you can question, speak the unspeakable, grieve, celebrate, or just try to make sense of things. She will assess your needs and guide you through a process best suited for your needs and that is respectful, honest, and careful.

Education: Northeastern Illinois University

Insurances accepted: Out of network