

PAYAL SUD, LCSW



Specialties:

- Anxiety
- Depression
- Domestic Violence

About: Through collaboration, Payal and you together can create an individualized and comprehensive plan to help you create an identity of your own, integrate positive practices into your daily interactions, and grow to live a happy and healthy life. She provides full-spectrum and client-specific treatment to children, adolescents, and adults in a warm, genuine, and safe environment. Because she believes in the importance of a consistent therapeutic relationship, she accommodates clients by providing sliding scale fees, in-home visits, on-line sessions and office visits. She is trained in Pranic, Reiki healing, and vibrational sound massage. Other non-talk therapy services are also provided, such as tea therapy, pet therapy, walk n talk, etc. Payal is LGBT and kink friendly. I employ LCSWs, LPCs, and interns, so prices can be reduced.