

TIFFANY PERKINS, LCPC



Specialties:

- Anxiety
- Child or Adolescent
- Depression

About: Tiffany is a licensed clinical professional counselor from Chicago Illinois. She has years of experience in working with children, adolescents, adults, groups, and families in several settings. The settings include home based, schools, residential DCFS group homes and clinical settings. Her clients have presented with a variety of issues and concerns such as anxiety, depression, traumatic experiences, abuse and neglect, school issues, family issues, job related problems and more. Her treatment approach is collaborative, trauma sensitive and supportive. For children, Tiffany uses a variety of play therapy techniques. Her goal is to provide an open, nonjudgmental and safe environment for all her clients.

Insurances accepted: Aetna, BlueCross and BlueShield, Cigna, UnitedHealthcare, Out of Network